



# The Emmanuel Light

SEPTEMBER 2011

**FROM Father Rich...** We all need time to get away. It doesn't matter how stressed or unstressed our lives are we all need that break.

The other day Gayle and I had a wonderful break. We took a drive up to the Pathways Spiritual Sanctuary. You may have read about it in the Journal a little while ago. A retired rancher named Dave Snyder set aside the space and created the sanctuary. Gayle and I had heard about the labyrinth that is there and wanted to see and experience it. What we experienced was so much more.

The path that wanders the perimeter of the space covers about a mile. In addition to the labyrinth there are benches, plaques with quotes and paper to draw or write on. It was a joy to be able to just sit and enjoy God's creation, to reflect where I was and what God was doing. I think the element I enjoyed most was the silence. Long stretches where all we heard was the wind in the poplars and an occasional bird. I know some of you have the pleasure of living out of town but when you live in town, next to an elementary school, silence like that is a rare commodity.

Gayle and I looking forward to some more time away in Sept/Oct. I will be out of the office from September 9<sup>th</sup> through October 7<sup>th</sup>. The first two Sundays, Sept 11 and 18, I will be attending a Credo conference in Virginia. The second two Sundays Gayle and I will be on vacation. Services will be ably covered by Canon Seger while I am gone. Administrative or pastoral questions can be directed to the office who will then forward them to the appropriate people.

From the Credo web site: "The mission of CREDO is to provide opportunities for people to examine significant areas of their lives and to discern prayerfully the future direction of their vocation as they respond to God's call in a lifelong process of practice and transformation."

CREDO is more than an eight-day conference. Through the strength of a holistic approach to wellness, participants are invited to examine their minds, bodies, spirits, and hearts by examining four significant areas of their lives—spiritual, vocational, health, and financial.

The Latin word, CREDO, can be translated as "I believe," but it has a much deeper meaning. Literally translated, it means, "I give my heart." CREDO encourages participants to rediscover the passionate essence of their life and ministry in the context of their faith, their relationships, and community.

The CREDO experience provides a profound opportunity for participants to reflect on their journey, discern God's presence and calling deep within themselves, and renew, reaffirm, and recommit their passion and conviction for their authentic vocation."

I had been invited to attend a Credo conference three or four times since 2001 but have had to decline for one reason or another. This year I decided it was time to go. Credo is a time apart. I look forward to the two weeks that Gayle and I will have away. It's the first vacation since 2006 that we haven't been visiting family. A time apart from work, like we all need now and then. —Father Rich



There is something about a Sunday afternoon in late August that stirs my thoughts. The feeling of summer running away from me in a headlong rush into Autumn. I have always loved that "back-to-school" feeling. The feeling of new routines just beginning, and there is the promise of what "lies ahead." It is with these thoughts that I would like to remind each of you about what "lies ahead" of us in the coming year. Beginning this November, we will enter into the Year-long Celebration of our 125 years as a Parish. I like to think of it as being a part of a family reunion or the joyous Anniversary of a long and loving marriage.

This *will* be an opportunity to hear and show and yes to tell some of the "family stories." There may be some crazy relatives, some laughter and some tears. But most of all, it will be a celebration of where and how we started as a Parish, who we are now and how we got here and also, and most importantly, where we are going.

I would like to make a special challenge to all committees and groups in our Parish: During this year of Celebration, you, as a committee or group, are encouraged to reach out in creative ways to your Parish and to "*Know our Lord and Make Him Known.*" You may wish to celebrate by doing special projects, and in various ways celebrate and have fun as we worship God together as a Parish family. Watch for future announcements and make your plans to join the fun! —Donna Burnap, Chair 125<sup>th</sup> Anniversary Historical Committee



### OUTREACH NEWS: Clothe A Kid Project

We, again, helped by giving clothing to kids on our area, so they would have new clothes to start school with. This year we provided 20 kids with clothing. They each received a pair of jeans, 2 shirts, socks, underwear and a light jacket. They also received a back pack provided by LOVE, INC. The average cost per child was \$65.

If you signed up for this project or would like to contribute money toward this project, please, make out your donation to Emmanuel Church with a notation for Clothe-A-Kid. Any amount you choose to give will be appreciated.

Thank you to Peggy Hammitt, chairperson, Jan Dowlin and Nancy Seger for shopping, sorting and distributing all this clothing. —Kay Paschke



### SALLY UHLIR MEMORIAL SERVICE

It is interesting the effect that we might have on a person. It might not be until years later that we discover the impact, good or bad, that we may have had on someone. Such is the case with Sally Uhlir.

Sally Uhlir was born in Rapid City on March 7, 1937 to Elmer and Florence (Grube) Uhlir. She earned a Bachelor's degree in elementary education from the University of Northern Colorado and two Master's degrees in education from Columbia University in New York City. She was a member here from 1969 to about 1979. She moved here with her mother Florence to take a teaching position.

—Father Rich



### MEET KIM KELLEY

You may have heard that Lisa Teachout, our secretary/bookkeeper/administrator/etc. is leaving August 31<sup>st</sup>. She is leaving to start up a Farmers Insurance Agency with her husband Brian. Lisa has been a valued asset to our staff since 2006 and will be missed.

But, as they say, nature hates a void, and Lisa's position has already been filled. Kim Kelley has accepted the position as secretary/bookkeeper and started her duties August 17<sup>th</sup>. Till Lisa leaves she will be shadowing Lisa and learning all she can. Kim will be in the church office from 9am to 4pm, Monday – Friday. Any correspondence you might have sent to Lisa should be sent to Kim at [emmanuel@rapidnet.com](mailto:emmanuel@rapidnet.com).

We wish Lisa all the best in her new venture and welcome Kim as part of our staff. —Father Rich



**World Health Organization**

Dear Friends, This is just an update about the last meeting of the Outreach Committee. We discussed all the present ministries and made sure our gifts were on time where they needed to be for Clothe a Kid. Conversation turned to the terrible news from Africa where people are dying of hunger by the hundreds and thousands. How might we help and follow Christ's admonition to "feed the hungry?" It is a serious problem world wide and yet many folks here at home are struggling with limited or cut back incomes. There followed a discussion of a ministry our youth group was (and maybe still is involved in) which is extremely effective, connected to the United Nations and World Health Organization and guess what???? It does not cost us any money, but there is a cost in decision making and commitment. The ministry we are referring to is called "the web." If all of us would commit ourselves to daily clicking in this web address---[www.thehungersite.com](http://www.thehungersite.com), each of us would provide a hungry person. world wide, with 1.1 cups of staple food Collectively, we could make a huge difference. A man named John Breen had a very good job in Indiana, and his wife was a professor at that University. He made lots of money but was unsatisfied with the outcome. He wanted to do something to change the world. Leaving his job in 1999 he put \$20000 of his own money to establish this web site and got many businesses to support it.

If you are on the web, go to this site and read the story. Scroll down to the bottom of your screen and you will see the impact on hunger. THEN, give the Outreach Committee some feedback. Shall we add this ministry to our list and make a difference for Christ and his people??? We want to hear from you. Thank you for responding!! —Marilyn Jones

**Emmanuel Parish Staff**

**The Rev. Richard Ressler**  
Rector

**The Rev. Seymour Flinn**  
Priest Associate

**The Rev. Deacon Jo Hedin**  
Deacon

**Kelly Conroy**  
Youth Leader

**JoAnn Edstrom**  
Organist

**Open**

Chancel Choir Director

**Amie Williams**

Treasurer

**Kim Kelley**

Secretary

*The Vestry*

**Mark Rude, Sr.** Warden

**Les Koss, Jr.** Warden

**Lisa Kautz**, Clerk

**Pamela Barnett**

**Donna Burnap**

**Kibbe Conti**

**Steve Flanery**

**Nancy Janak**

**Clark Moyle**

**Key Parker**

**Tim Pederson**

**Karen Psiaki**

**Sande Riemenschneider**

**Chris Trull**

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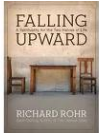
[www.emmanuelrc.org](http://www.emmanuelrc.org)

Emmanuel Episcopal Church

125TH ANNIVERSARY



1887-2012



## **2 BOOK GROUPS FOR THE FALL TERM**

**THURSDAY EVENING BOOK GROUP** – Begins Thursday, September 15 from 7:00-8:30 p.m. in the church parlor.

**WOMEN'S FRIDAY MORNING BOOK GROUP** – Begins Friday, September 16 from 9:30-11:00 a.m. in the church library.

This fall both book groups will be reading Falling Upward: A Spirituality for the Two Halves of Life by Richard Rohr. Rohr, a Franciscan priest, writes about “how our failings can be the foundation for our ongoing spiritual growth.” (front cover flap) All of us fall down in some way – through loss, mistakes, broken dreams and expectations, but, Rohr says, these experiences help us to move forward and upward on our spiritual journeys. I expect this book will lead to some interesting insights and discussions and I hope you will be able to join us. The books are available for purchase in the office. Pamela Barnett

### **Thursday Schedule**

Sept.	15	Introduction
	22	Chapters 1 & 2
	29	Chapter 3
Oct.	6	Chapters 4 & 5
	13	Chapter 6
	20	No meeting-Pamela away
	27	Chapters 7 & 8
Nov.	3	Chapter 9
	10	Chapters 10 & 11
	17	Chapters 12 & 13

### **Friday Schedule**

Sept.	16	Introduction
	23	Chapters 1 & 2
	30	Chapter 3
Oct.	7	Chapters 4 & 5
	14	Chapter 6
	21	No meeting-Pamela away
	28	Chapters 7 & 8
Nov.	4	Chapter 9
	11	Chapters 10 & 11
	18	Chapters 12 & 13

## **CENTERING PRAYER GROUP – MONDAY NIGHTS**

The Centering Prayer Group will begin the fall term on Monday September 12 from 7:00-9:00 p.m. in the parish library. Centering prayer is an age-old form of prayer that, in essence, asks us to sit, quiet our minds, and just be in the presence of God. If you have heard about or are curious about this form of prayer, please come and join us. Our time together will consist of a check-in (where are we and how has God been in our lives lately), a discussion, based on material to be determined at our first meeting, time to sit in centering prayer, and finally Compline. If you have any questions, please contact me. Pamela Barnett 718-2288

### **Centering Prayer Group Schedule**

Sept.	12	Discussion of fall term and getting caught up	Nov.	7	Discussion – Centering - Compline
Sept.	19	<i>No meeting - Pamela at vestry</i>	Nov.	14	Discussion – Centering - Compline
Sept.	26	Discussion - Centering - Compline	Nov.	21	<i>No meeting – Pamela at vestry</i>
Oct.	3	Discussion - Centering - Compline	Nov.	28	Discussion – Centering - Compline
Oct.	10	Discussion – Centering - Compline	Dec.	5	Discussion – Centering - Compline
Oct.	17	<i>No meeting – Pamela at vestry</i>	Dec.	12	Discussion – Centering – Compline
Oct.	24	Discussion – Centering - Compline			
Oct.	31	Discussion – Centering - Compline			

## **WHAT MAKES EMMANUEL FUNCTION AND HOW**

If you have ever asked yourself this question or wondered about it, now is your chance to find the answer.

It is the time of the year when we begin to think about Vestry terms ending and the need to find replacements. This year there are four Vestry and the two Warden positions to fill. It may be that some of the those whose terms are up may decide to stand for election again, however, it is part of the Church Canons and By-laws that no one can serve more than two consecutive terms. This is a chance to learn how the Church functions, how we relate to the Diocese, what is the Black Hills Deanery, how many programs or groups are active in our church and many other items that you may not know about. This is an ideal chance to be a part of a very important ministry to our church and to support our faith. This can be fun, educational and a chance to help guide our church to a great future.

If any of you have asked yourself this question, please consider being part of the solution and contact Fr. Rich, the Wardens or any Vestry member about serving on the board and serving our Church and our Lord. —Junior Warden - Les Koss

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## SUNDAY SCHOOL CORNER

### Vacation Bible School

A big THANK YOU to all who participated in the Vacation Bible School held August 7-11 at St Andrew's Episcopal Church. The 5 nights of VBS were attended by 16 children connected to Emmanuel—children, grandchildren, neighbors and friends. The evenings were filled with food, songs, stories, games, skits, laughter and making of new friends.

Emmanuel contributed our artistic talents by being in charge of nametags and crafts. Thanks to "crafts" helpers: Donna Burnap, Rhonda Hatzenbuhler, Jean Kelley, and Kiernan Zimbelman. I'm not sure they knew just how *messy* things could get when they volunteered. Thanks also to those parents who brought their children and stayed around to help out! Special thanks for Father Rich for making "Goop-Burgers" on Tuesday, and the ECW for providing Pizza on Wednesday.

### Sunday School

We are excited about the beginning of a new Sunday School year. For children from age 3 through 5<sup>th</sup> grade, Sunday School will begin October 9<sup>th</sup>. (*See the Youth Group information about schedule for Middle and High School youth.*)

We will begin each SS morning at 9:00 with a brief time of music and a prayer. This is an essential part of our morning as it helps children and teachers center themselves for the work of learning and worship. At 9:15 we will break into our individual classes with age-appropriate curriculum:

3-4 year olds	Godly Play
K - 2 <sup>nd</sup> grade	Weaving God's Promises
3 <sup>rd</sup> - 5 <sup>th</sup> grade	Weaving God's Promises

We are looking for adults who are willing to nurture the spiritual life of this church by spending time with our children. Our goal is to have at least 2 teachers for each age group. Do not hesitate if you feel you are not "qualified" as training and support will be provided. Contact Gayle Ressler @ 381-6481 for more information or to volunteer. ***Please prayerfully consider if you might be called to this ministry. —Gayle Ressler***

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### FROM THE PARISH NURSE

As I look back over the past several months (and especially this Summer) I have observed many who have been touched by the loss of a loved one from an illness, an act of violence, an accident, or natural disaster. No one is immune to loss and grief. Together let's look at loss and grief; ways to say goodbye, as well as the symptoms of grief and ways to make the journey through grief and loss easier.

Most experts agree that grief is a process, one that takes time and has no rules. We also need to realize that there are many similarities regarding grief--whether it is the result of death, a job loss, a divorce, a house fire or bankruptcy, children off to college or marrying, or any other significant loss or change in life.

When grieving, there can be emotional changes such as shock, numbness and disbelief. The tears seem to go on forever, and you may be irritable, angry, or feel a sense of helplessness. Physical changes can include breathlessness, chest tightness, increased heart rate, dry mouth, and headache initially, especially if the loss is unexpected. There may also be changes in appetite, fatigue, and lack of energy or motivation. Your behavior may also change--you may be unable to sleep or you may sleep all the time. You may crave social contact or want to be alone. Just know there are no rights or wrongs for any of these changes.

Your faith can be a great source of comfort at this time; or you may be troubled and ask how could God allow this and you may question your faith. These feelings are normal, and usually talking with someone, such as your priest, or joining a support group that is Biblically based will be helpful.

So, when grief and or loss occurs what can you do?

- CONFIDE IN SOMEONE - Sharing your loss makes the grief not as heavy. Accept the gestures and the listening, caring ears of others.
- FIND CREATIVE WAYS TO MEMORIALIZE THE LOSS
- ALLOW YOURSELF TO FEEL THE PAIN AND THE CHANGE - Loss of significant others, roles, or possessions can change us. Find opportunities to grow in spite of the changes.
- USE FAITH RESOURCES - These can include prayer, the support of your priest and congregation, attending worship regularly, and especially partaking of Holy Communion.

—continued on page 7

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	9/4/11	9/11/11
Year C	The Twelfth Sunday after Pentecost	The Thirteenth Sunday after Pentecost
Altar Guild	Donna Andrews & Cora Koss	Cora Koss & JoMac
LEM - 8am	Sande Riemenschneider	Donna Burnap
LEM - 10:15am	Mary Helen Nyle Hedin	Nyle Hedin Vicki Sweet
Scripture Readings	Exodus 12:1-14 Psalm 149 Romans 13:8-14 Matthew 18:15-20	Exodus 14:19-31 Psalm 114 Romans 14:1-12 Matthew 18:21-35
Lector	Marie Luciano	Michael Luciano
Acolytes	Gavin Fenske Noah Fenske Ethan Janak	Justin Pederson Tim Pederson Chase Wood
Ushers - 8:00am	Shelby & Mark Vickers	Doris Lind Lynn Von Wald
Ushers - 10:15am	Paula Pederson	Mary & Roy Olson
Greeters	Marilyn Jones	Jean Kelley & Kiernan Zimbelman
	9/18/11	9/25/11
Year C	The Fourteenth Sunday after Pentecost	The Fifteenth Sunday after Pentecost
Altar Guild	JoMac & Vicki Sweet	Vicki Sweet & Lynn VonWald
LEM - 8am	Sande Riemenschneider	Donna Burnap
LEM - 10:15am	Karyl Shanahan Vicki Sweet	Mary Helen Nyle Hedin
Scripture Readings	Exodus 16:2-15 Psalm 105:1-6 Philippians 1:21-30 Matthew 20:1-16	Exodus 17:1-7 Psalm 78:1-4 Philippians 2:1-13 Matthew 21:23-32
Lector	Lori Luciano	Mary Olson
Acolytes	Brandon Williams Chase Wood Mary Helen Flanery	Noah Fenske Gavin Fenske Ethan Janak
Ushers - 8:00am	Nancy & David Seger	Barbara & Streeter Shining
Ushers - 10:15am	Brian & Lee Hammerbeck	Bernie & Dieter Breitkopf
Greeters	Pamela Barnett & Mary Bredenberg	Myrna Laumbach & Nick Lucas

# September 2011

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
Events are updated regularly on the Master Calendar on Emmanuel's website: <a href="http://www.emmanuelrc.org">www.emmanuelrc.org</a> Log on there for the most current information.				10:00a T.O.P.S. 11:45a NA	5:00p O.A.	9:30a Girl Scouts 9:30a O.A. 5:30p Saturday Night Service
4	5	6	7	8	9	10
8:00a HE I 10:15a HE II	Office Closed  	5:30p O.A.	<b>10:00aHE/Healing</b> 11:00a Bible Study 1:30p ECW	10:00a T.O.P.S. 11:45a NA	5:00p O.A.	9:30a O.A. 10:30a Emmanuel Clergy 5:30p Saturday Night Service
11	12	13	14	15	16	17
8:00a HE I 9:00a Sunday Forum- Convention 10:15a HE II	8:00a Exec Mtg 7:00p Cen- tering Prayer	9:00a DIA 5:30p O.A. 7:00p Knitting Group 7:00p Welcomer's Comm	<b>10:00aHE/Healing</b> 11:00a Bible Study 4:45p Outreach 6:00p CFC	10:00a T.O.P.S. 11:45a NA 7:00p Eve Book Group	9:30a Women's Book Group 5:00p O.A.	Michelson Trail Bike & Hike 9:30a Girl Scouts 9:30a O.A. 5:30p Saturday Night Service
18	19	20	21	22	23	24
8:00a HE I 9:00a Ministry Fair 10:15a HE II	6:00p Vestry  <b>Newsletter Deadline</b>	9:30a Prayer In- tercessors 5:30p O.A. 7:00p Altar Guild	<b>10:00aHE/Healing</b> 11:00a Bible Study 11:30a BH Sym- phony League 5:30p Celebration Dinner	10:00a T.O.P.S. 11:45a NA 7:00p Eve Book Group	9:30a Women's Book Group 5:00p O.A.	9:30a O.A. 5:30p Saturday Night Service
25	26	27	28	29	30	
8:00a HE I 10:15a HE II  <b>Cornerstone Mission Meal BLOOD SCREENS</b>	7:00p Cen- tering Prayer	5:30p O.A. 7:00p Knitting Group	<b>10:00aHE/Healing</b> 11:00a Bible Study	10:00a T.O.P.S. 11:45a NA 7:00p Eve Book Group	9:30a Women's Book Group 5:00p O.	 <b>DEADLINE:</b> <b>Newsletter Articles</b> Sept 19



**SEPTEMBER  
BIRTHDAYS &  
ANNIVERSARIES**

Jan & Bob Blumenthal	1
Jackson Long	2
Greta & Harry Chapman	4
Elaine Englebert	4
Frankie & Don Shultz	6
Shayne Anderson	9
Kay Paschke	10
Clark Moyle	10
Nancy Seger	11
Andrea Blumenthal	12
Barry Jones	14
Don Shultz	14
Sara Gentry	15
Betty Furois	20
Bob Ermish	21
Sydney Smith	21
Bernie Breittkopf	24
Tom Oliver	24
Rhonda Hatzenbuhler	29
Mary Helen & Steve Flanery	29

Marvin, and I want to thank everyone for the support given to us and our family after the tragic accident which took the life of our grandson, Nick Paschke. The prayers, phone calls and cards kept us going during that difficult time. For all of you that sent the bars and cookies which were used at the gathering after the funeral service at First Assembly of God Church; they were so appreciated, thank you. A special thank you to everyone who attended the service there. We were sorry that we were unable to greet you all after the service. We can not begin express our gratitude enough for all the love and caring that we were given.

Marvin and Kay Paschke and all the friends and family of Nick Paschke



**GOODBYE AND THANK YOU!** As you know I am leaving Emmanuel to develop my own business with my husband. Please consider this my sincere goodbye to each and every one of you. I want you all to know that I am truly leaving here with mixed



feelings; happy about my new career opportunity but sad to be leaving the church community where I have made so many friends. Thank you for your trust in me to handle the church business. Thank you for the support you offered to myself and my family. And,

thank you for the beautiful farewell gift of jewelry. I will treasure my experiences and memories of Emmanuel Episcopal Church.  
—Lisa Teachout



—from page 4

- MAINTAIN A DAILY ROUTINE • EXERCISE • RELEASE ANGER - Find ways to let go of your anger constructively. Let God be the judge and allow him to preserve and protect, and to administer punishment and forgiveness.
- AVOID CHEMICALS - Avoid drowning the grief or loss with drugs or alcohol. This can be so easy to do, and yet something that may not be easy to let go of once the grief has subsided.

Jesus said in John 16:22-- *"So with you: Now is your time of grief, but I will see you again and you will rejoice, and no one will take away your joy."*

Remember, grief takes as long as it takes, and that's OK. May God walk with you on your journey, wherever it takes you, and whatever you may be going through.

Blessings, Vicki Sweet, RN, Parish Nurse

**Love INC Benefit Dinner** ❖❖❖ Historic Murphy's Pub & Grill  
Tuesday, September 6 ❖❖❖ Seatings at 5:30 PM and 7:00 PM



**RSVP recommended**  
*Proceeds support the work of Love INC!*  
*Local singer Michael Shaw performing.*  
*Check out building renovations!*



Emmanuel  
Episcopal  
Church



717 Quincy Street  
Rapid City, SD 57701  
605.342.0909

***Services at Emmanuel***

**Saturday**

5:30 pm Alternate Eucharist

**Sunday**

8:00 am Holy Eucharist Rite I

10:15 am Holy Eucharist Rite II

**Wednesday**

10:00 am Holy Eucharist and  
Healing Service

