

# The Emmanuel Light

*From Fr. Rich:* January 23<sup>rd</sup> was the Annual Meeting for Emmanuel. The Parish Hall was full for the meeting and a lot of wonderful food was brought. As the old saying goes, “If you feed them they will come.” I want to extend a special thank you to the parishioners who normally attend the 8 am service. Your willingness to come to the 10:15 service and then to the meeting is a testament to your commitment to Christ and the ministry of Emmanuel. Congratulations and thank you to those who have been elected to serve on your Vestry. The Vestry now consists of: Sr. Warden Mark Rude, Jr. Warden Les Koss, vestry members: Clark Moyle, Key Parker, Karen Psiaki, Sande Riemenschneider, Pamela Barnett, Kibbe Conti, Nancy Janak, Tim Pederson, Donna Burnap, Steve Flanery and Chris Trull. The Vestry is served by Kathy Peterson as Treasurer and Lisa Kautz as Clerk. The following were elected delegates to convention: Mary Olson, Les Koss, Cora Koss, Lisa Kautz, Donna Burnap, JoAnn Edstrom, Vicki Sweet with Nyle Hedin as alternate. 2010 was a tough year in some ways and a great year in others. I was pleased to announce to the Annual Meeting that, except for the one year when the church had a part time interim Rector during the search, this is the first time in at least a decade that the Vestry has presented a balanced budget for the coming year. It has taken a lot of hard work and has cost us in some ways but we have reached equilibrium. We are more balanced financially and I think we are more balanced spiritually.

This coming year has some very exciting things developing. We are working on a Saturday night service that will be an alternative to Sunday morning. All you folks who like to sleep in on Sunday can celebrate at church on Saturday Night Alive. And we are working toward our year of celebration of our 125<sup>th</sup> Anniversary. Emmanuel is a great place to experience God in Jesus Christ.— Fr. Rich


**FROM THE PARISH HEALTH & WELLNESS COMMITTEE:** Thank you to Kibbe Conti for the presentations on nutrition that she provided for the Adult Forum last month. The discussions of healthy eating and making wise food choices were very informative. Kibbe also talked about the increase of childhood obesity in the United States. During the next few months we will be providing more information regarding this topic. February is Healthy Heart Awareness month so you will be seeing and hearing about healthy eating and what that can mean for a healthy heart. Kibbe is also available if any of you have specific questions regarding your own nutritional concerns.—Vicki Sweet



### February Birthdays & Anniversaries

Denise Maldeis	2
Helen Peterson	3
Lori & Joe Luciano	3
Les Larson	5
Amanda Hurley	6
Jacob Luckman	6
Marilyn Jones	7
Jace Hibbard	8
Ken Kreimann	8
Delores Ermish	9
Cora Koss	9
Wyatt Anderson	9
Jan Rathbun	11
Nancy & David Seger	11
Babs Maldeis	13
Nick Lucas	14
Marty Garwood	16
Jim Rudolph	18
Virginia Sneve	21
Jordan Fenske	21
Jackson Hammitt	22
Doc Savage	22
Brayden Estrup	23
Elissa Erickson	25
Hazel Kellogg	26
Diane Watts	27

**Emmanuel Parish Staff**  
**The Rev. Richard Ressler**  
 Rector  
**The Rev. Seymour Flinn**  
 Priest Associate  
**The Rev. Deacon Jo Hedin**  
 Deacon  
**Open**  
 Director of  
 Christian Formation  
**JoAnn Edstrom**  
 Organist  
**Kjersten Rathke**  
 Chancel Choir Director  
**Kathy Peterson**  
 Treasurer  
**Lisa Teachout**  
 Office Manager  
*The Vestry*  
**Mark Rude, Sr. Warden**  
**Les Koss, Jr. Warden**  
**Lisa Kautz, Clerk**  
**Pamela Barnett**  
**Donna Burnap**  
**Joann Conroy**  
**Kibbe Conti**  
**Steve Flanery**  
**Nancy Janak**  
**Clark Moyle**  
**Key Parker**  
**Tim Pederson**  
**Karen Psiaki**  
**Sande Riemenschneider**  
**Chris Trull**  
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 **PROGRESSIVE SUPPER:** The Social Committee is planning a Progressive Supper for March 5. Mark your calendars and watch for more details.

The February Emmanuel Light is an abridged edition due to the added functions of the Annual Meeting and end of year. If you would like a copy of the Annual Report and have not received one please call the office.

## LITURGICAL SCHEDULE FOR January 2011

	<b>2/6/11</b>	<b>2/13/11</b>
Year A	The Fifth Sunday After the Epiphany	The Sixth Sunday After the Epiphany
Altar Guild	Vicki Sweet, Jani Lerback & Donna Andrews	Jani Lerback, Donna Andrews & Barbara Shining
LEM - 8am	Donna Burnap	Pamela Barnett
LEM - 10:15am	Laura Orville Don Burnap	Mary Helen Flanery Nyle Hedin
Scripture Readings	Isaiah 58:1-9a, (9b-12) Psalm 112:1-9, (10) 1 Corinthians 2:1-12, (13-16) Matthew 5:13-20	Ecclesiastes 15:15-20 Psalm 119:1-8 1 Corinthians 3:1-9 Matthew 5:21-37
Lector	Patsy Nicholson	Lori Luciano
Acolytes	Ryan Anderson Wyatt Anderson Shayne Anderson	Ethan Janak Gavin Fenske Noah Fenske
Ushers - 8:00am	Shelby & Mark Vickers	Doris Lind Lynn VonWald
Ushers - 10:15am	Lee & Brian Hammerbeck	Karyl Shanahan
Greeters	Jan & Seymour Flinn	Janita Amiotte & Babs Maldeis
	<b>2/20/11</b>	<b>2/27/11</b>
Year A	The Seventh Sunday After the Epiphany	The Eighth Sunday After the Epiphany
Altar Guild	Barbara Shining & Jo MacMillan	Jo MacMillan & Lynn Von Wald
LEM - 8am	Sande Riemenschneider	Pamela Barnett
LEM - 10:15am	Laura Orville Dave Janak	Karyl Shanahan Vicki Sweet
Scripture Readings	Leviticus 19:1-2,9-18 Psalm 119:33-40 1 Corinthians 3:10-11,16-23 Matthew 5:38-48	Isaiah 49:8-16a Psalm 131 1 Corinthians 4:1-5 Matthew 6:24-34
Lector	Marie Luciano	JoAnn Edstrom
Acolytes	Chase Woods Dwight Edstrom Justin Pederson Tim Pederson	Mary Helen Flanery Brandon Williams Tanner Peterson Torin Peterson
Ushers - 8:00am	Vicki & Bob Pollock	Barbara & Streeter Shining
Ushers - 10:15am	Sherry & Bob Ermish	Chris Trull & Barry Jones
Greeters	Patsy & Peter Nicholson	Mara Vucurevich & Diane Kreimann

# February 2011

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
		5:30p O.A.	<b>10:00aHE/Healing</b> 11:00a Bible Study 1:30p ECW 5:30p Celebration Dinner 6:30p Choir	10:00a T.O.P.S. 7:00p Evening Book Group	9:30a Women's Book Group 5:00p O.A.	9:30a O.A. 9:30A Girl Scouts 10:30a Emmanuel Clergy
6	7	8	9	10	11	12
8:00a HE I 9:00a SS & Adult Forum 9:30a Choir 10:15a HE II	7:00p Centering	5:30p O.A. 7:00p Welcomer's Com 7:00p Knitting Group	<b>10:00aHE/Healing</b> 11:00a Bible Study 4:45p Outreach 6:00p CFC 6:30p Choir	10:00a T.O.P.S. 7:00p Evening Book Group	9:30a Women's Book Group 5:00p O.A.	9:30a O.A.
13	14	15	16	17	18	19
8:00a HE I 9:00a SS & Adult Forum 9:30a Choir 10:15a HE II	1:30p Exec Com 7:00p Centering  <b>Happy Valentines Day!</b>	9:30a Prayer Intercessors 5:30p O.A. 7:00p Altar Guild	<b>10:00aHE/Healing</b> 11:00a Bible Study 11:30a BH Symph League 5:30p Celebration Dinner 6:30p Choir	10:00a T.O.P.S. 7:00p Evening Book Group	9:30a Women's Book Group 5:00p O.A.	9:30a O.A. 9:30A Girl Scouts
20	21	22	23	24	25	26
8:00a HE I 9:00a SS & Adult Forum 9:30a Choir 10:15a HE II	6:00p Vestry <b>Newsletter Deadline</b>	5:30p O.A. 7:00p Knitting Group	<b>10:00aHE/Healing</b> 11:00a Bible Study 6:30p Choir	10:00a T.O.P.S. 7:00p Evening Book Group	9:30a Women's Book Group 5:00p O.A.	9:30a O.A.
					Emmanuel Light Newsletter Deadline: Feb. 21	
27	28					
8:00a HE I 9:00a SS & Adult Forum 9:30a Choir 10:15a HE II <b>Cornerstone Mission Meal Blood Screens</b>	7:00p Centering Prayer	Events are updated regularly on the Master Calendar on Emmanuel's website: <a href="http://www.emmanuelrc.org">www.emmanuelrc.org</a> Log on there for the most current information.				

Emmanuel  
Episcopal  
Church



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***Services at Emmanuel***  
**Sunday**

8:00 am Holy Eucharist Rite I

10:15 am Holy Eucharist Rite II

**Wednesday**

10:00 am Holy Eucharist and  
Healing Service

