

The Emmanuel Light

FROM Father Rich..

“All things are possible to him who believes.” Mark 9:23



2010

I've been thinking about possibilities lately. One hundred and twenty five years ago people were wondering “would it be possible to build an Episcopal Church here in Rapid City.” It happened. Several times in the intervening years people have wondered if it was possible to add onto that first church. It happened. People wondered if it was possible to have parking lots. It happened. People wondered if we could reach out those in need or hurting and it happened.

It is exciting when people start to think of the possibilities. There is energy and excitement in positive possibilities. “What if” can generate wonderful creativity. The really exciting thing is that positive attitude is still at work here at Emmanuel. “What ifs” often spring from perceived needs.

A while back a need to save on watering the grass was expressed. This perceived need was expressed from one person to another. That person thought of a possible solution and soon several people were talking about that solution. Out of this grew the idea of having a labyrinth here at Emmanuel. The idea has gone beyond saving water to providing a spiritual resource for the church and the community.

Recently the youth group offered tee shirts and sweatshirts for sale with the Episcopal shield and the church name embroidered on them. The sale of the shirts has been tremendous. Someone thought “what if we had a regular place to keep and sell them? If we did we might be able to have books and other items of interest to the church that can't be gotten from Borders or other places. The idea of a church bookstore to serve Emmanuel was born.

We have had a lot of work that has had to be done to the church building this past year. A historical building requires a lot of up keep. Maintaining the building keeps us from funding programs. What if there was an endowment set up to help in the maintenance of the church property?

Positive “what ifs” are good signs for individuals and groups. They indicate life. They indicate hope. They indicate possibilities. I pray that Emmanuel will always be a place where “what ifs” are looked for and honored. Not all of them will come to fruition and some may take considerable work. But you can't get to the fruit unless the seed of “what if” is planted.



Bishop Robertson, July 2010

On Sunday afternoon, July 25th, Gayle and I had the pleasure of driving to Camp Remington, the Episcopal camp located in Custer State Park.

At the end of last year we had raised funds for a gift for retiring Bishop Robertson. A gift was selected and arrangements were made for the Bishop to come to Rapid City so that Emmanuel could present him with the gift. Unfortunately the Bishop had to cancel and we have been trying to give it to him ever since. I learned from a parishioner that Bishop Robertson would be at Camp Remington vacationing with his family and arranged to go down to give him our gift. It proved so much more. I have had a good relationship with Bishop Robertson since I interviewed with him during the search (next page)



SonQuest Rainforest

VACATION BIBLE SCHOOL— Based on the Parables of Jesus

Just a friendly reminder to mark your calendars for VBS. The days to mark are Aug. 8th, Sun. through Aug. 12th, Thurs. from 5:30 — 8:30 pm. Dinner will be served each night beginning at 5:30. This year's VBS is being held at Emmanuel with a joint effort from St. Andrew and St. Matthew. The theme this year is 'Rainforest' and the whole event centers around teaching our children more about the parables of Jesus. You can begin registration at this very moment by calling the church office at 342-0909. Children ages 4 through 15 will be joining hands and learning through stories, games, music and crafts. Please be a part of this great educational event. I still need adult help!! Any questions? Call me, Kent at 381-6410.

(Continued from page 1) process. It was a real treat to visit him and his entire family. I can tell you that, aside from a nasty summer cold, Bishop Robertson is doing well and feeling good. He was truly appreciative of the drum we presented to him as was his family. He promised to come to Rapid City when available and visit with us. Hopefully he can bring the drum and talk about some of the symbolism and the meaning of the drum. Peace in Christ, Fr. Rich



SUMMER CELEBRATION BBQ NEWS

What a great turnout we have been having this summer for our Celebration Barbecues! Grillmaster Bob Ermish will be grilling/smoking one of his famous meats for the August 19 Barbecue--the last of the summer. (Team 2 is the work team for August.) Come join your Church Family at 5:30 and then, perhaps you'd like to join those who are planning to walk over to the Summer Nights Festival on Seventh St. Remember, we meet on Thursdays in the summer! The Summer Nights entertainment on August 19 is the high energy rock band, Judd Hoos. —Lynn VonWald



WELCOMERS COMMITTEE

Greetings from the Welcomers Committee! This committee extends the love of Christ by welcoming all visitors to Emmanuel and helping to facilitate their incorporation into our Christian Community. This committee works tirelessly *To Know Our Lord and Make Him Known*. The Welcomers Committee meets the second Tuesday of each month at 7:00pm. All members are encouraged to join us in welcoming others to Emmanuel! "I was a stranger and you welcomed me." To learn more about this committee, contact Mary Olson. —Kellie Rude



CLEANING THE CHURCH

A letter was sent out with the financial statements informing the congregation that after Aug. 31st Emmanuel will no longer be relying on a sexton to clean the church. Our hope is that we can enlist the help of the members of Emmanuel to do the cleaning. This will allow us to use the funds saved to ease the deficit and fund programs. There will soon be a list of jobs made available and posted in the hall between the transept and Parish Hall. We ask that you look over the list and see what you might be willing to do. If you find something, put your name down next to it. You can even consider signing up in teams. We are asking for an initial commitment of three months. After you sign up we will arrange a time to fill you in on job details. They say that many hands make light work. We hope you will help make light work of maintaining this very special place. "So that the Lord your God may bless you in all the work that you undertake." Deut 14:29 —Father Rich

Emmanuel Parish Staff
The Rev. Richard Ressler

Rector

The Rev. Seymour Flinn

Priest Associate

The Rev. Deacon Jo Hedin

Deacon

Kent Bryant

Director of

Christian Formation

JoAnn Edstrom

Organist

Position open

Chancel Choir Director

Kathy Peterson

Treasurer

Lisa Teachout

Admin. Secretary/ Bookkeeper

Stan Zakinski

Sexton

The Vestry

Pamela Barnett, Sr. Warden

Doc Savage, Jr. Warden

Lisa Kautz, Clerk

Donna Burnap

Joann Conroy

Kibbe Conti

Nancy Janak

Clark Moyle

Karen Psiaki

Sande Riemenschneider

Mark Rude

Diane Wilson

(2 positions open)

Emmanuel Episcopal Church

717 Quincy St, Rapid City

emmanuel@rapidnet.com

www.emmanuelrc.org



OFFERING OF LETTERS UPDATE

An Offering of Letters sponsored by the faith based organization Bread For the World was held here at Emmanuel in May. Letters were then written to our congressional representatives urging that certain tax cuts and the Earned Income Tax Credit (EITC) and the Child Tax Credit (CTC) be maintained. Bread for the World reports that as of July 7 Congress was still debating what to do about these cuts and the expansions made to the credits in 2009 which are all due to expire on December 31st. BFW President, David Beckman, testified before the President's Fiscal Commission on June 30, urging them to protect low-income families, especially in these difficult times, as they consider how to balance the federal budget. On July 14 the Senate Finance Committee held a hearing on the 2001 and 2003 tax cuts due to expire this year. At that hearing David Marzahl, president of the Center for Economic Progress, spoke on the importance of tax provisions such as EITC and CTC. As of July 20 BFW reports that it remains unclear when Congress will take up the tax package. BFW staff are continuing to follow up with congressional offices where personal visits were made by BFW members in June. —Father Flinn

AUTOMATIC BANK DRAFT: We encourage you to consider automatic deduction from your checking/savings, as a means of making your regular pledge payments. This is a safe and secure way to conveniently put your stewardship plan into action. Please contact the office for more information. —Kathy Peterson

DIRECTOR OF CHRISTIAN EDUCATION



The summer is quickly winding down and it is time to direct our energy towards education. We need your assistance on many levels. Everyone of you is responsible for seeing to it that all of our parish is involved. Too often we tend to believe that Christian Education is only for the 'children' and since I no longer have a child of Sunday School age, I need not be involved. WRONG! Here is a definition that might help us know our place in the process of Christian formation. 'In its broadest sense, Christian education is anything happening anywhere that helps the Christian community grow in its life in Jesus Christ and in witness to God. Christian education includes our whole congregational life, everything we do as a community. For children and adults, Christian education includes preaching and hearing, teaching and learning, and sharing in liturgy. Christian education includes what we do outside our church buildings, how we relate to our environment, how we offer our arts, how we share God's story, how we build relationships and grow in love with those around us.' *The New Prayer Book Guide to Christian Education*.

So, this is the annual Bryant 'rant.' We can always use you in our Sunday morning education activities. As a religious community we cannot let our guard down. So here is a list of specific needs for the upcoming Sunday School/Adult Forum.

- I need two adults willing to team teach the teens of the parish.
- I need two or three teachers for the 1st and 2nd grade.
- I need someone willing to help with crafts on Sunday morning.
- I need you to bring someone to our parish so we can share our story with them!

Opening of the Sunday School year will be on the 12th of September beginning at 9:00 AM. The first few Sundays will center on the Sacrament of Holy Eucharist – the textbook (*A Child's Guide to the Holy Eucharist – Rite II*) is being ordered and class will be for children from grades 3 through 6. Please help us reach as many of our kids in this age group as possible.

Okay then, you have your instructions! Please call me on the church phone at 342-0909. After August 12th I will have regular office hours from 8:30 to 11:30, Monday through Friday. And, you can always manhandle me at Church on Sunday morning. Thanks in advance and God Bless! —Kent Bryant

HOW DID VACATION BIBLE SCHOOL BECOME SO POPULAR, AND WHO WAS THE INSPIRATION BEHIND IT?



Unofficially, it's possible to trace the roots of VBS as far back as the 1870s, when a Methodist Episcopal Church offered summer Sunday school to the general public in rural New York. In 1873, Bishop John H. Vincent proposed the movement should include educational and cultural programs, and soon other Christian groups across the country followed suit with their own summer retreats, many of them offering services for children.

Vacation Bible school as we know it today got its start more than 20 years later on New York City's East Side. Mrs. Walker Aylette Hawes of the Epiphany Baptist Church noted a rapid increase in the number of immigrant children in the slums. In July 1898 she rented the only place available—a saloon—to run a Bible school for six weeks during the summer. Hawes structured her program around worship music, Bible stories and Scripture memorization, games, crafts, drawing, cooking, etc. The school caught on: Hawes was presiding over seven separate schools by the time she retired from her work in 1901.

Dr. Robert Boville, who worked for the Baptist Mission Society, picked up where Hawes left off, and the movement grew to include 17 schools by 1903. Fours years later, schools opened in Philadelphia and Chicago, and in 1911, Boville established the Daily Vacation Bible School Association as a national organization. In 1923, he left to promote VBS internationally and founded the World Association of Vacation Bible Schools.

If Boville is responsible for establishing VBS as a movement, Standard Publishing in Cincinnati takes the credit for popularizing it. The publisher created a full-scale VBS program in 1923, divided it by grade level in 1948, introduced a single-theme concept in 1952, and by 1987, offered more than 120 tools for churches wanting to run a VBS. In 1998, the publisher reported that more than 5 million children attended VBS programs every year.

FROM: <http://www.christianitytoday.com/ct/2003/juneweb-only/6-30-43.0.html>





HEALTH AND WELLNESS COMMITTEE

I recently received this article and wanted to share it with all of you. During the month of August many of you may be attending fairs or festivals so here is some “food for thought.”

FAIR FOOD-ITIS

Despite all of my efforts to promote healthy eating, I must confess to a chronic condition that at times leaves me feeling weak in the knees and struggling for breath. This condition affects millions every year and I know of no cure. I'm speaking, of course, about *Fair Food-itis*. This specific disease is seasonal in nature but can be devastating nonetheless. Symptoms include excessive sweating, nausea, abnormal blood sugar, and drooling.

I have a long history of Fair Food-itis. My wife especially enjoys telling the story of the first fair we went to early in our relationship. Even now, she gets a look of shock on her face as she tries to list the various food items consumed that day. I won't attempt to recreate the list, except to say if it was served on a stick or on a plate, I probably had at least one order that day. Of course, that was at a time where I could consume pounds of food in one sitting with no weight gain. Those days, unfortunately, are long gone. *sigh*

New fair foods are...well, disgusting.

In my defense, those were also the days when fair food was somewhat normal. Corn on the cob, porkburgers, cheese curls. In recent years, fair food has aspired to a level of decadence that would make Caligula blush. The two 'so disgusting you have to try it' foods in Indiana this year are doughnut burgers and deep fried butter.

In California, they're apparently taking a different route: python kabobs, frog and alligator are on the menu, as is chocolate covered bacon and deep fried Twinkies. If this is California's first go at deep fried candy, they've got quite a way to go as we in the Midwest have had deep fried Snickers, Moon Pies, Twinkies, Pepsi (yes, Pepsi soda) and just about anything else you can imagine for years now. These foods are so over the top, so intentionally bizarre, they just reek of desperation. I want to tell those selling it: 'You're trying too hard!' Fair food should sell itself.

To those buying it, I say this: 'If you entered a restaurant, would you order a thick, greasy slab of hamburger covered in cheese and placed between two glazed doughnuts? No? Then what is appealing about ordering it from a trailer without running water that's been sitting in the 100 degree heat all day?'

What's next? A doughnut burger wrapped in bacon, smothered in cheese and chocolate, then deep-fried? I think I'll stick to the pork on a stick, thank you.

What to do?

My resistance to the latest crazy concoctions aside, I'm certainly the last person to be a killjoy and suggest eating a salad at the State Fair. However, there are some strategies that you can use to avoid outgrowing your clothes while still wearing them. So here are some tips for how to survive Fair Food-itis from

<http://www.medicinenet.com/script/main/hp.asp>

- ♦Don't arrive hungry. Eat before you go so you can limit your food to a few treats instead of grazing on food all day long.
- ♦Go early in the morning, when you may be less likely to be enticed by the aromas of food.
- ♦Drink plenty of water and stay hydrated, especially when the weather is hot.
- ♦Check out all the offerings first, then choose three items over the course of the day.
- ♦Ask for an extra plate and share your food choices. This way, you can taste a variety of foods without doing too much damage.


I wish you and your loved ones a safe passage through this dangerous time of the year. H1N1 is scary, but it's nothing compared to the horrors of Fair Food-itis! —Matthew Ellis, National Episcopal Health Ministries

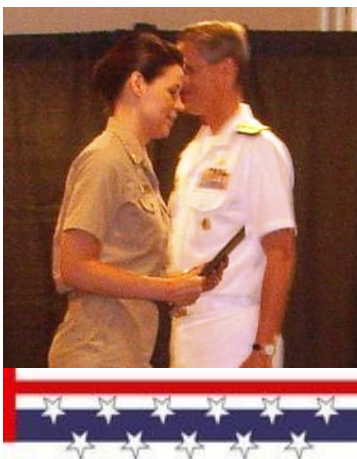


MISSION MEAL COOK NEEDED: Outreach provides the evening meal at the Cornerstone every fourth Sunday. The committee is in need of a cook for this meal. If you are interested in helping please call Kay Paschke, 348-0210.

From Mara Vucurevich concerning the meal Emmanuel sponsors at the Cornerstone Mission: "I wish more people would come out and participate. They don't realize what a huge difference it makes. And it's so easy. Anybody could do it. I think people maybe are afraid, but there's no need to be. You're part of a team, and it's a very warm, friendly place and a friendly environment. You really go home each week knowing in your heart that you are doing some good. We are really doing *God's* work here, and for such a small investment of our own time."

August 2010

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8:00a HE I 10:15a HE II		5:30p O.A. 7:00p Knitting Group	10:00aHE/Healing 11:00a Bible Study	10:00a T.O.P.S.	5:00p O.A.	9:00a O.A.
8	9	10	11	12	13	14
8:00a HE I 10:15a HE II	1:30p Exec Comm	5:30p O.A.	10:00aHE/Healing 11:00a Bible Study 4:00p Outreach	10:00a T.O.P.S.	5:00p O.A. 5:30p Marriage Blessing Rehearsal	9:30a O.A. 4:30p Marriage Blessing
<div style="border: 1px solid black; padding: 5px; display: inline-block;"> VACATION BIBLE SCHOOL AT EMMANUEL Mon thru Thurs, 5:30-8:30 PM </div>						
15	16	17	18	19	20	21
8:00a HE I 10:15a HE II	6:00p Vestry Meeting	5:30p O.A. 9:30a Prayer Intercessors 7:00p Knitting Group	10:00aHE/Healing 11:00a Bible Study	10:00a T.O.P.S. 5:30p Celebration Dinner	5:00p O.A.	9:30a O.A.
22	23	24	25	26	27	28
8:00a HE I 10:15a HE II	Newsletter Deadline	5:30p O.A.	10:00aHE/Healing 11:00a Bible Study 6:00p Christian Formation	10:00a T.O.P.S.	5:00p O.A.	9:30a O.A.
<div style="border: 1px dashed gray; padding: 5px; display: inline-block;"> Emmanuel Light Newsletter Deadline: Aug 23 </div> 						
29	30	31				
8:00a HE 10:15a HE II Cornerstone Mission Meal Blood Screens		5:30p O.A.	<div style="border: 1px solid gray; padding: 5px; display: inline-block;"> Events are updated regularly on the Master Calendar on Emmanuel's website: www.emmanuelrc.org Log on there for the most current information. </div>			



EMMANUELITE RETURNS FROM OFFICER BASIC COURSE FOR THE U.S. PUBLIC HEALTH SERVICE

Emmanuel member and Vestry member, Kibbe Conti attended the Officer Basic Course for new or returning Officers serving in the Public Health Service. Kibbe, a Dietitian and Foodservice Director at Sioux San Hospital, attended the two week course in Gaithersburg, MD which prepares officers for a career in Public Health and for readiness in the event of a disaster and subsequent deployment. The Deputy Surgeon General, Admiral Ratzinger, presided over the graduation ceremony June 26th. Kibbe began her service in the Public Health in Pine Ridge, SD where she served with her husband Russ for 5 years. She has been a member of Emmanuel for 4 years, attending with her husband, and kids: Russell (10) and Brookelyn (5).

LITURGICAL SCHEDULE FOR August 2010

Vestry Lock-Up
Karen & Doc

	8/1/10	8/8/10	8/15/10
Year C	The Tenth Sunday after Pentecost	The Eleventh Sunday after Pentecost	The Twelfth Sunday after Pentecost
LEM - 8am	Sande Riemenschneider	Nancy Bryant	Donna Burnap
LEM - 10:15am	Donna Burnap Don Burnap	Don Burnap Nyle Hedin	Laura Orville Dave Janak
Scripture Readings	Hosea 11:1-11 Psalm 107:1-9, 43 Colossians 3:1-11 Luke 12:13-21	Isaiah 1:1, 10-20 Psalm 50:1-8, 23-24 Hebrews 11:1-3, 8-16 Luke 12:32-40	Isaiah 5:1-7 Psalm 80:1-2, 8-18 Hebrews 11:29-12:2 Luke 12:49-56
Lector	Nick Lucas	Donna Burnap	Jan Rathbun
Acolytes	Shayne Anderson Ryan Anderson Wyatt Anderson Ethan Janak	Rory Fenske Gavin Fenske Noah Fenske	Donald Borchert Dwight Edstrom Justin Pederson Tim Pederson
Ushers - 8:00am	Shelby & Mark Vickers	Doris Lind Lynn Von Wald	Vicki & Bob Pollock
Ushers - 10:15am	Nancy Bryant Karyl Shanahan	Lee & Brian Hammerbeck	Lisbeth Leagjeld Barry Jones
Greeters	Janita Amiotte Mara Vucurevich	Patsy & Peter Nicholson	Babs Maldies Laura Orville
	8/22/10	8/29/10	
Year C	The Thirteenth Sunday after Pentecost	The Fourteenth Sunday after Pentecost	
LEM - 8am	Kent Bryant	Pamela Barnett	
LEM - 10:15am	Karyl Shanahan Vicki Sweet	Laura Orville Dave Janak	
Scripture Readings	Jeremiah 1:4-10 Psalm 71:1-6 Hebrews 12:18-29 Luke 13:10-17	Jeremiah 2:4-13 Psalm 81:1, 10-16 Hebrews 13:1-8, 15-16 Luke 14:1, 7-14	
Lector	Jackson Long	Justin Pederson	
Acolytes	Gavin Fenske Noah Fenske Tanner Peterson Torin Peterson	Brandon Williams Tanner Peterson Torin Peterson Chase Woods	
Ushers - 8:00am	Barbara & Streeter Shining	Jan & Bob Blumenthal	
Ushers - 10:15am	Rhonda & Richard Hatzenbuhler	Jan & Grove Rathbun	
Greeters	Karyl & Wayne Shanahan	Donna Andrews Beverly Trull	





Margaret Hauff	1
Mary Lee Rude	1
Sharon Benton	1
Jackson Long	2
Velna Martin	4
Matthew Vickers	4
Barbara & Streeter Shining	4
Bob Pollock	5
Dave Janak	7
Vicki Sweet	10
Mary Olson	11
Lauren Shultz	11
Sue & Les Larson	11
Donna & Don Burnap	13
Bruce Riggs	15
Wendline Ehli	15
Diane & Roger Wilson	17
Lorraine & Wynn Gunderson	18
Marie Koss	19
Aaron Rude	19
Vicki & Mike Sweet	21
Nancy & Dave Janak	22
Peggy Hammitt	23
Jerry Geske	24
Nyle Hedin	27
Eric Teachout	28
Robyn Opstedahl	29
Peytyn Pryor	29
John Cox	30
Justin Pederson	30



CONGRATULATIONS TO THE CANYON LAKE ALL STARS!

The boys Canyon Lake All Stars Little League baseball team won the ND/SD Division 1 Championship. The team now travels to Indianapolis, Aug 5-14, for the Midwest Regional Tournament. Matthew Vickers, son of Shelby & Mark Vickers, and grandson of Nancy and David Seger, plays on the team. Good luck, Matthew and the All Stars!



Thank You :

☺ To Canon Seger for celebrating and preaching July 18 while Father Rich was away at a funeral.

☺ From Velna Martin to Deacon Jo, Mary Bredenberg, Vicki Sweet, and Sande Riemenschneider for their visits while she was recovering from a fall. They were so nice to come every Sunday.

☺ A Thank you to Emmanuel: *Dear Father Ressler and congregation of Emmanuel Episcopal Church, Thank you so very much for your kindness and hospitality. After our long mission trip in Martin our kids really appreciated the chance to spend a day in Rapid City and tour Mt. Rushmore and Crazy Horse on the way back home to Colorado. If there is anything we can do to return the favor let us know! God Bless, Thor Nelson, Sr. War-den, St. Martin in-the-Field, Aurora CO (July 24, 2010)*

From Paul Simpson: *To "My Congregation" in Rapid City, Since I miss so much doing this in person, let me greet each of you now: The Peace of the Lord be always with you! I have been trying to write to you, some sort of good-bye, since my first night away from Rapid City. I have written a lot of words in the attempt, but I have found it impossible to actually accomplish.*

Since my arrival in Fairbanks I have had the honor of assisting in church a couple of times, acting as LEM and reader at St. Matthews in Fairbanks. When I read aloud the prayers of the people, and I reached that place where we pray for "this congregation", I remembered you. This is because my congregation, the congregation to which I belong, is not merely the one where I am. This is something you have taught me through your example of the one congregation of Rapid City represented at the 3 churches of Emmanuel, St. Andrews and St.



Matthews. I realize now that, for me, my congregation has not changed, but grown. My congregation now includes the people here in Fairbanks in addition to you. I cannot imagine ever again considering a congregation that does not also include you. So with that in mind I will not write a good-bye at all, but a thank you.

Six years ago I was brought to Rapid City to be fed, and you have fed me. My cup runneth over! I hope that God will find the abundance of love with which you have fed me of use to him wherever I find myself, and I am sure that He will, so long as I remember you and what He has given me through you. Thank you so much for that. Many of you know what you have done for me, but most of you, I suspect, have no idea the good God has done for me through you. I think this is one of God's wonderful great gifts, that He uses His people (all His creation, really) to show us those things we need to see, to teach us or otherwise touch our lives, without their even realizing they are doing it. There is so much you, each of you, all of you, have given me that you will never know. I cannot possibly thank you enough. You will always remain in my prayers and thanksgivings, and I will try to always remember my responsibility to pass on to others the abundance that you have given me as God provides the opportunities to do so. I cannot hope to live up to that responsibility nearly so well as you have for me, but yours is an example which I will remember. Thank you. I miss you all. Chesed! Paul

Emmanuel
Episcopal
Church



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Rapid City, SD 57701
605.342.0909

Services at Emmanuel

Sunday

8:00 am Holy Eucharist Rite I

10:15 am Holy Eucharist Rite II

Wednesday

10:00 am Holy Eucharist and
Healing Service

